

Norwich Foodbank

On Wednesday 26 April 2023, we released our stats on the number of emergency food parcels that Norwich Foodbank provided within our local community between April 2022 and March 2023.

The alarming new figures reveal that we have provided 5079 emergency food parcels to 11,797 people who couldn't afford the essentials in Norwich, Wroxham, Wymondham, Loddon and surrounding villages over the last year – and 1732 of these parcels went to 4398 children.

In addition to this, food banks across the Trussell Trust network provided nearly 3 million (2,986,203) emergency food parcels to people experiencing hunger during this time – with over 1 million of these going to children.

This is the most parcels food banks in our network have ever distributed in a single year and represents a 37% increase compared to last year, and more than double the amount distributed by food banks in the same period five years ago.

This isn't right and we can't allow this to go on.

Together, with food banks across the Trussell Trust network, we are calling for MPs across the UK to support a social security system that guarantees our essentials, by making sure that the basic rate of Universal Credit is at least enough to afford the essentials we all need to live.

If you would like to support us by writing to your local MP, [please click here to find out more.](#)

No one should need the support of our food bank because everyone in our local community should be able to live lives free from hardship and poverty.

That's why your support is needed now more than ever.

As we navigate these challenging times and do our utmost to meet the increasing need for our services, we would be most grateful if you could:

- **Please donate the following items:**
 - Tinned meat
 - Jam
 - Teabags 40s/80s/160s/180s
 - Tinned vegetables
 - Rice pudding
 - Peanut butter
 - Chocolate
 - Long life milk
 - Long life juice

This is our most up to date list of what we are currently running low on. We update our list regularly on our website's [Donate Food](#) page where you can also see local collection points.

- **Please make a financial donation.**
 - You can [Donate Online](#) via PayPal or Debit Card as a one-off payment or regular monthly payment.
 - You can also set up a standing order via your bank with the following details:
Norwich Foodbank. HSBC. Sort code 40-35-09. Account number 52897172
 - More ways to give a financial donation can be found [here](#).

- **Volunteer with us.**

We are always grateful for applicants and are currently looking for drivers to help with collections. Click [here](#) for a link to Volunteering Information page which also includes our [Volunteer Application Form](#).

We recognise how difficult times are right now, which is why we really appreciate all and any support you are able to offer. Together, we can ensure help is here for everyone who needs it In Norwich, Wroxham, Loddon and Wymondham, whilst we also collectively work towards a more just future where no one needs our food bank to get by.

Thank you for all that you're doing.